



5. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 24.04.2010

Detailed evaluation

Matt, Rüdiger

Club: SG Ennepetal

Number: 7018

Course: 7.25 km

Nordic Walking

Total time: 53:31

Speed: 8.13 km/h

metres in height up: 269

Course score: 11.04

performance score: 91 Points