



## 5. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 24.04.2010

### Detailed evaluation

**Barras, Horst**

Club: Nordic Bears

Number: 7020

Course: 7.25 km

Nordic Walking

Total time: 57:31

Speed: 7.30 km/h

metres in height up: 269

Course score: 11.04

performance score: 85 Points