



5. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 24.04.2010

Detailed evaluation

Nachtigall, Heike

Club: Stadt Bochum Walking-Team

Number: 7072

Course: 7.25 km

Nordic Walking

Total time: 1:07:12

Speed: 6.25 km/h

metres in height up: 269

Course score: 11.04

performance score: 72 Points