



5. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 24.04.2010

Detailed evaluation

Niehaus-Fischer, Ute

Club: TV Flerke

Number: 1092

Course: 13.00 km

Nordic Walking

Total time: 2:14:54

Speed: 5.78 km/h

metres in height up: 414

Course score: 19.21

performance score: 114 Points