



5. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 24.04.2010

Detailed evaluation

Nigbur, Karin

Club: Koronarsportverein Distel-Walker

Number: 7049

Course: 7.25 km

Nordic Walking

Total time: 1:07:18

Speed: 6.24 km/h

metres in height up: 269

Course score: 11.04

performance score: 72 Points