



5. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 24.04.2010

Detailed evaluation

Paulner, Wilfried

Club: DJK Preußen 1911 Bochum e.V.

Number: 2010

Course: 18.00 km

Walking

Total time: 2:05:20

Speed: 8.62 km/h

metres in height up: 640

Course score: 27.60

performance score: 245 Points