



## 5. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 24.04.2010

### Detailed evaluation

**Pohlack, Martina**

Club: TuS Halver

Number: 1082

Course: 13.00 km

Nordic Walking

Total time: 1:52:53

Speed: 6.91 km/h

metres in height up: 414

Course score: 19.21

performance score: 136 Points