



5. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 24.04.2010

Detailed evaluation

Rademacher, Monika

Club: TuS 08 Bilstein

Number: 7083

Course: 7.25 km

Nordic Walking

Total time: 1:04:41

Speed: 6.49 km/h

metres in height up: 269

Course score: 11.04

performance score: 75 Points