



5. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 24.04.2010

Detailed evaluation

Schneider, Karin

Club: Flotte Socken Dortmund-Süd

Number: 1115

Course: 13.00 km

Walking

Total time: 1:52:10

Speed: 6.95 km/h

metres in height up: 414

Course score: 19.21

performance score: 136 Points