



5. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 24.04.2010

Detailed evaluation

Schnieder, Günter

Club: Laufteam Gescher

Number: 7009

Course: 7.25 km

Walking

Total time: 1:12:08

Speed: 5.82 km/h

metres in height up: 269

Course score: 11.04

performance score: 68 Points