



5. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 24.04.2010

Detailed evaluation

Beier, Rudolf

Club: Koronarsportverein Distel-Walker

Number: 2052

Course: 18.00 km

Nordic Walking

Total time: 2:33:29

Speed: 7.04 km/h

metres in height up: 640

Course score: 27.60

performance score: 200 Points