



5. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 24.04.2010

Detailed evaluation

Beinborn, Petra

Club: LG Halver-Schalksmühle

Number: 1138

Course: 13.00 km

Nordic Walking

Total time: 2:09:00

Speed: 6.05 km/h

metres in height up: 414

Course score: 19.21

performance score: 119 Points