



5. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 24.04.2010

Detailed evaluation

Seebauer, Birgit

Club: DJK Preußen 1911 Bochum e.V.

Number: 7025

Course: 7.25 km

Walking

Total time: 1:07:51

Speed: 6.19 km/h

metres in height up: 269

Course score: 11.04

performance score: 72 Points