



## 5. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 24.04.2010

### Detailed evaluation

**Seifert, Sabine**

Club: HALDENER FUN WALKER

Number: 7068

Course: 7.25 km

Nordic Walking

Total time: 1:19:30

Speed: 5.28 km/h

metres in height up: 269

Course score: 11.04

performance score: 61 Points