



## 5. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 24.04.2010

### Detailed evaluation

seiffert, bernd

Club: wt-soest

Number: 2025

Course: 18.00 km

Nordic Walking

Total time: 2:37:04

Speed: 6.88 km/h

metres in height up: 640

Course score: 27.60

performance score: 195 Points