



5. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 24.04.2010

Detailed evaluation

Beinborn, Stefan

Club: LG Halver-Schalksmühle

Number: 2108

Course: 18.00 km

Nordic Walking

Total time: 2:21:58

Speed: 7.61 km/h

metres in height up: 640

Course score: 27.60

performance score: 216 Points