



5. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 24.04.2010

Detailed evaluation

Spilka, Nevin

Club: LG Halver-Schalksmühle

Number: 7080

Course: 7.25 km

Nordic Walking

Total time: 1:05:42

Speed: 6.39 km/h

metres in height up: 269

Course score: 11.04

performance score: 74 Points