



5. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 24.04.2010

Detailed evaluation

Steermann, Gustav

Club: Hohe Ward Gazellen/TuS-Hiltrup

Number: 2008

Course: 18.00 km

Walking

Total time: 2:13:57

Speed: 8.06 km/h

metres in height up: 640

Course score: 27.60

performance score: 229 Points