



5. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 24.04.2010

Detailed evaluation

Stephan, Elke

Club: Walking Treff Möhnesee

Number: 1106

Course: 13.00 km

Walking

Total time: 1:35:20

Speed: 8.18 km/h

metres in height up: 414

Course score: 19.21

performance score: 161 Points