



## 5. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 24.04.2010

### Detailed evaluation

stratmann, marita

Club: wt-soest

Number: 1089

Course: 13.00 km

Nordic Walking

Total time: 1:50:56

Speed: 7.03 km/h

metres in height up: 414

Course score: 19.21

performance score: 138 Points