



## 5. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 24.04.2010

### Detailed evaluation

Theiß, Jürgen

Club: LG Halver-Schalksmühle

Number: 1018

Course: 13.00 km

Nordic Walking

Total time: 1:46:08

Speed: 7.35 km/h

metres in height up: 414

Course score: 19.21

performance score: 144 Points