



5. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 24.04.2010

Detailed evaluation

Thiele, Silvia

Club: Tus Neuenrade

Number: 7039

Course: 7.25 km

Nordic Walking

Total time: 1:13:04

Speed: 5.75 km/h

metres in height up: 269

Course score: 11.04

performance score: 67 Points