



5. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 24.04.2010

Detailed evaluation

Tietz, Alfried

Club: BSG Delphi/Draka

Number: 1024

Course: 13.00 km

Nordic Walking

Total time: 1:46:34

Speed: 7.32 km/h

metres in height up: 414

Course score: 19.21

performance score: 144 Points