



## 5. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 24.04.2010

### Detailed evaluation

**Vierhaus, Udo**

Club: Team 4haus

Number: 7019

Course: 7.25 km

Nordic Walking

Total time: 53:40

Speed: 8.11 km/h

metres in height up: 269

Course score: 11.04

performance score: 91 Points