



5. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 24.04.2010

Detailed evaluation

Vlaemink, Achiell

Club: Walking Treff Möhnesee

Number: 7005

Course: 7.25 km

Walking

Total time: 1:03:47

Speed: 6.58 km/h

metres in height up: 269

Course score: 11.04

performance score: 76 Points