



## 5. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 24.04.2010

### Detailed evaluation

**Volmer, Uli**

Club: body&soul Billerbeck

Number: 1022

Course: 13.00 km

Nordic Walking

Total time: 1:42:59

Speed: 7.57 km/h

metres in height up: 414

Course score: 19.21

performance score: 149 Points