



5. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 24.04.2010

Detailed evaluation

Bettermann, Friedhelm

Club: Schusterjungen

Number: 2116

Course: 18.00 km

Walking

Total time: 2:49:48

Speed: 6.36 km/h

metres in height up: 640

Course score: 27.60

performance score: 180 Points