



5. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 24.04.2010

Detailed evaluation

betz, andrea

Club: wt-soest

Number: 2084

Course: 18.00 km

Nordic Walking

Total time: 2:30:50

Speed: 7.16 km/h

metres in height up: 640

Course score: 27.60

performance score: 203 Points