



5. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 24.04.2010

Detailed evaluation

Westermann, Gudrun

Club: TuS Wengern

Number: 1040

Course: 13.00 km

Walking

Total time: 2:11:00

Speed: 5.95 km/h

metres in height up: 414

Course score: 19.21

performance score: 117 Points