



## 5. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 24.04.2010

### Detailed evaluation

**Wiemhoff, Volker**

Club: Flotte Socken Dortmund-Süd

Number: 1117

Course: 13.00 km

Walking

Total time: 1:43:51

Speed: 7.51 km/h

metres in height up: 414

Course score: 19.21

performance score: 147 Points