



5. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 24.04.2010

Detailed evaluation

Wienpahl, Siegfried

Club: Walking Treff Möhnesee

Number: 7004

Course: 7.25 km

Walking

Total time: 55:05

Speed: 7.62 km/h

metres in height up: 269

Course score: 11.04

performance score: 88 Points