



5. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 24.04.2010

Detailed evaluation

Willers, Sönke Martin

Total time: 1:53:20

Speed: 6.88 km/h

Number: 1121

metres in height up: 414

Course: 13.00 km

Course score: 19.21

Nordic Walking

performance score: 135 Points