



5. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 24.04.2010

Detailed evaluation

betz, daniel

Club: wt-soest

Number: 2043

Course: 18.00 km

Nordic Walking

Total time: 2:22:33

Speed: 7.58 km/h

metres in height up: 640

Course score: 27.60

performance score: 215 Points