



5. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 24.04.2010

Detailed evaluation

Wörmann, Bernd

Club: BSV-Stadtwerke Bielefeld

Number: 1004

Course: 13.00 km

Walking

Total time: 2:04:27

Speed: 6.27 km/h

metres in height up: 414

Course score: 19.21

performance score: 123 Points