



5. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 24.04.2010

Detailed evaluation

Birke, Volker

Club: BTC-Herne

Number: 2004

Course: 18.00 km

Walking

Total time: 2:06:44

Speed: 8.52 km/h

metres in height up: 640

Course score: 27.60

performance score: 242 Points