



5. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 24.04.2010

Detailed evaluation

Adelberger-Isken, Kathrin

Club: SG Ennepetal

Number: 1058

Course: 13.00 km

Nordic Walking

Total time: 1:51:25

Speed: 7.00 km/h

metres in height up: 414

Course score: 19.21

performance score: 137 Points