



## 5. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 24.04.2010

### Detailed evaluation

**Borchard, Karl**

Club: TriFun Hennesee

Number: 2044

Course: 18.00 km

Nordic Walking

Total time: 2:57:26

Speed: 6.09 km/h

metres in height up: 640

Course score: 27.60

performance score: 173 Points