



5. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 24.04.2010

Detailed evaluation

Braß, Klaus

Total time: 1:00:11

Speed: 6.98 km/h

Number: 7001

Course: 7.25 km

metres in height up: 269

Course score: 11.04

Walking

performance score: 81 Points