



5. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 24.04.2010

Detailed evaluation

Duhnke, Klaus

Club: DJK Preußen 1911 Bochum e.V.

Number: 2031

Course: 18.00 km

Nordic Walking

Total time: 2:59:53

Speed: 6.00 km/h

metres in height up: 640

Course score: 27.60

performance score: 170 Points