



5. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 24.04.2010

Detailed evaluation

Espey, Elke

Club: Nordic Bears

Number: 7052

Course: 7.25 km

Nordic Walking

Total time: 57:27

Speed: 7.31 km/h

metres in height up: 269

Course score: 11.04

performance score: 85 Points