



## 5. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 24.04.2010

### Detailed evaluation

Friedrich, Brigitte

Club: LG Halver-Schalksmühle

Number: 2093

Course: 18.00 km

Nordic Walking

Total time: 2:20:22

Speed: 7.69 km/h

metres in height up: 640

Course score: 27.60

performance score: 218 Points