



5. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 24.04.2010

Detailed evaluation

Galda, Torsten

Club: LSF-Unna-2000

Number: 1002

Course: 13.00 km

Walking

Total time: 1:57:05

Speed: 6.66 km/h

metres in height up: 414

Course score: 19.21

performance score: 131 Points