



5. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 24.04.2010

Detailed evaluation

Gommen, Bernd

Club: N.-W.-Hobbygruppe

Number: 7013

Course: 7.25 km

Nordic Walking

Total time: 54:50

Speed: 7.66 km/h

metres in height up: 269

Course score: 11.04

performance score: 89 Points