



5. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 24.04.2010

Detailed evaluation

Gördes, Torsten

Club: SV Hagen 94

Number: 2034

Course: 18.00 km

Nordic Walking

Total time: 2:17:29

Speed: 7.86 km/h

metres in height up: 640

Course score: 27.60

performance score: 223 Points