



5. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 24.04.2010

Detailed evaluation

groll, frank

Club: wt-soest

Number: 2033

Course: 18.00 km

Nordic Walking

Total time: 2:09:09

Speed: 8.36 km/h

metres in height up: 640

Course score: 27.60

performance score: 237 Points