



# dayfit City-Lauf Gotha - 17. Gothaer City-Lauf

Gotha / 25.04.2010

## Detailed evaluation

**Schalk, Udo**

Club: Dream Team Ilmenau

Number: 1910

Course: 10.00 km

City-Lauf

Category:

Männer M45

Total time: 45:56

Speed: 13.06 km/h

Running performance: 4:35 min/km

Rank in course/Total: 57 (of 212)

Rank in course/Men: 52 (of 170)

Best time in course: 32:36

Rank in category: 12(of 39)

Best time in the category: 39:29