



dayfit City-Lauf Gotha - 17. Gothaer City-Lauf

Gotha / 25.04.2010

Detailed evaluation

Joost, Hagen

Club: GS Ludwig Bechstein

Number: 1029

Course: 0.80 km

Schülerlauf kurz

Category:

männlich, AK 7

Total time: 4:21

Speed: 11.03 km/h

Running performance: 5:26 min/km

Rank in course/Total: 189 (of 814)

Rank in course/Men: 131 (of 403)

Best time in course: 3:22

Rank in category: 3(of 48)

Best time in the category: 4:16