



dayfit City-Lauf Gotha - 17. Gothaer City-Lauf

Gotha / 25.04.2010

Detailed evaluation

Dul, Pawel

Club: LG Bothenheilingen

Number: 48

Course: 10.00 km

City-Lauf

Category:

Männer M30

Total time: 48:09

Speed: 12.46 km/h

Running performance: 4:49 min/km

Rank in course/Total: 75 (of 212)

Rank in course/Men: 69 (of 170)

Best time in course: 32:36

Rank in category: 6(of 9)

Best time in the category: 32:36