



dayfit City-Lauf Gotha - 17. Gothaer City-Lauf

Gotha / 25.04.2010

Detailed evaluation

Ellinger, Dirk

Club: GMRLV

Number: 1926

Course: 10.00 km

City-Lauf

Category:

Männer M45

Total time: 48:31

Speed: 12.37 km/h

Running performance: 4:51 min/km

Rank in course/Total: 80 (of 212)

Rank in course/Men: 73 (of 170)

Best time in course: 32:36

Rank in category: 16(of 39)

Best time in the category: 39:29