



dayfit City-Lauf Gotha - 17. Gothaer City-Lauf

Gotha / 25.04.2010

Detailed evaluation

Balsam, Martin

Club: SV Emsetal

Number: 1923

Course: 10.00 km

City-Lauf

Category:

Männer M30

Total time: 48:40

Speed: 12.33 km/h

Running performance: 4:52 min/km

Rank in course/Total: 83 (of 212)

Rank in course/Men: 75 (of 170)

Best time in course: 32:36

Rank in category: 7(of 9)

Best time in the category: 32:36